

COUNSELING SERVICES

*Please note that this ***is not*** an all-inclusive list of services in the Northeast ND area.

AGASSIZ ASSOCIATES, PLLC

1407 24th Ave S, Ste 520

Grand Forks ND 58201

701-746-6336

Fax: 701-772-1030

Monday & Wednesday: 8:00 a.m. – 5:00 p.m.

Tuesday & Thursday: 8:00 a.m. – 8:00 p.m.

Friday: 8:00 a.m. – 12:00 p.m.

Services Available:

- Individual Therapy
- Couples Counseling
- Family Therapy
- Psychological Evaluations
- School Evaluations
- ADHD Evaluations
- Learning Disability Evaluations
- Initial Psychiatric Evaluations
- Follow-Up Psychiatric Medication Management
- Substance Abuse Evaluations
- Addiction Treatment (ages 14+)
- DUI Evaluations
- Low Intensity Outpatient
- Low Intensity Level & Outpatient Therapy Groups

Most insurances accepted. Please contact them to see if your insurance covers the services you are seeking.

ND Medicaid & Tri-Care: Best to have a referral from PCP.

Providers:

Rebecca Green, Ph.D.

Heidi Jensen, Ph.D.

Karin Walton, Ph.D.

Nikki Anvinson, PA-C
Paula Osowski, PA-C
Angie Muhs, LICSW
Julie Riddle, MSW, LICSW
Tanner Grimsley, MS, LAC
Craig Davis, LAC

Website: www.agassizassociates.com

ALTRU PSYCHIATRY CENTER– BLDG 1

860 S Columbia Rd
Grand Forks ND 58201
Phone: 701-780-6697
Fax: 701-780-6937 (primary)
701-780-1507 (doctors)

Services Available:

- Abuse/Neglect
- ADHD
- Adjustment Problems
- Autism
- Behavior Problems
- Chronic Medical Problems
- Co-dependency
- Depression & Anxiety
- Divorce Issues
- Eating Disorders
- Family Changes
- Family Dysfunction
- Grief/Loss Issues
- Lifestyle Changes
- Parenting Issues
- Personality Disorders
- Post-Traumatic Stress
- Recovery/Relapse Issues
- Relationship/Marital Issues
- School Problems
- Grief Counseling
- Therapy – Individual/Couples/Family/Group

Providers

Dr. Ellen Feldman, Child & Adolescent Psychiatrist

Dr. Bansal, ages 6+ Psychiatrist

Dr. Kondal Madaram, Psychiatrist

Christopher Werkley, LSCSW

Joann Olson, LSCSW

Danielle Conrad, LSCSW

Mary Thomas, LSCSW

ND Medicaid and other insurances accepted. Please contact them to see if your insurance covers the services you are seeking.

*Must have referral from PCP to see psychiatrist.

Website: www.altru.org/services/psychiatry-center

CENTER FOR PSYCHIATRIC CARE, PC.

1451 44th Ave S, Unit A

Grand Forks ND 58201

Phone: 701-732-2500

Services Available:

- Addiction/Substance Abuse Disorder
- ADHD
- Anxiety
- Autism
- Bipolar Disorder
- Depression
- Obsessive Compulsive Disorder
- Personality Disorder
- Post-Traumatic Stress Disorder
- Anger & Rage
- Schizophrenia
- Stress/Stress Management
- Suicidal Thoughts
- Treatment Interventions – Eye Movement Desensitization & Reprocessing (EMDR)

- Group Therapies – Trauma Group and Anxiety Management Group

Providers

Thomas Peterson, Psychiatrist
Bradford Frank, Psychiatrist
Muhammad Azhar, Psychiatrist
Benjamin Boche, Psychiatrist
Matthew Pitera, Psychiatrist
Timothy Peterson, Physician
David Bialik, LICSW
Kim Osowski, LICSW
Bonnie Peterson, LICSW

Accepts medical insurance, Medicaid, and Medicare. Please contact them to see if your insurance covers the services you are seeking.

*Must have referral from PCP.

Website: www.centerforpsychiatriccare.com

CENTER FOR SELF-GROWTH & RENEWAL

NOTE: Office is closed on Fridays

1551 28th Ave S, Ste C
Grand Forks ND 58201
Phone: 746-4400
Toll Free: 1-800-831-0446
Fax: 701-746-6034
9-4:30, M-Th

Services Available:

- Therapy – Individual, Couples, Family, and Group
- Depression
- Anxiety
- Trauma Resolution
- Post-Traumatic Stress Disorder
- Dissociative Disorders
- Grief & Loss
- Divorce & Relationship Issues

- Eating Disorders
- Women's Issues
- Hospital Consultation
- Community Education
- Advanced Integrative Therapy (AIT)
- Dialectical Behavior Therapy (DBT)

Providers

Dr. Laurie Brustad-Kennedy, Psychologist

Mary Reiten Eylands, MA, LPCC

Carrie Serna, Masters LPCC

Gail Williams, MA, LPCC

Beth Johnson, Certified Healing Touch Practitioner

Accepts medical insurance, Medicaid, and Medicare through Dr. Brustad-Kennedy only.

Website: www.selfgrowthandrenewal.com

DAVID J. HILLMAN – LAC

306 11th Street

Walhalla ND 58282

Phone: 701-549-3829

Fax: 701-549-3829

DUI Classes: \$195 (includes \$20 workbook)

Chemical Dependency Evaluation: \$90

DON FOLEY COUNSELING

5042 5th Avenue North

Grand Forks ND 58203

Phone: 701-746-7857

Don Foley

No sliding fee scale. Medicaid not accepted. Insurance not accepted.

FAMILY INSTITUTE PSYCHOLOGICAL SERVICES

2100 South Columbia Road, Suite 202

Grand Forks ND 58202

Phone: 701-772-1588

Fax: 701-746-6077

Services Available:

- Counseling – Individual, Marriage, Couples, Relationship, Family, Group Child & Adolescent
- Behavior Analysis
- Therapy – Cognitive Behavioral, Behavioral, Psychodynamic & Insight Oriented, Dialectical Behavioral (DBT)
- Biofeedback
- Pain Management
- Psychological Testing & Assessment
- Emotional & Psychological Functioning
- Cognitive & Memory Concerns
- Bariatric Evaluations
- Learning & School Related Problems
- Parenting Investigations
- Parental Capacity Evaluations
- Employment Suitability
- Court Ordered Evaluations
- Juvenile Psychosexual Evaluations
- Sex Offender Risk Assessments
- Disability Evaluations
- Behavioral Medicine Concerns

Providers:

Margo Adams-Larsen, Clinical Psychologist

Leslie Rowan, Psychologist

Brian Moe, Clinical Psychologist

J.P. Legerski, Clinical Psychologist

Michael Paulson, Ph.D.

Jeanine Kotschwar, Ph.D.

April Bradley, Ph.D.

David Whitcomb, Ph.D.

Joseph Miller, Ph.D.

Rachel Navarro, Ph.D.

Megan Gu, Ph.D.
Sherman Normandin, Ph.D.
David Whitcomb, Ph.D.

Accepts medical insurance, Medicaid, and Medicare.
Please contact them to see if your insurance covers the services you are seeking.
Medicare requires a referral from a PCP.
Day and evening appointments are available, depending on physician.

Website: www.familyinstitutepec.com

LIDLAW PSYCHOLOGICAL SERVICES

3301 30th Ave S, #101

Grand Forks ND 58201

Phone: 701-780-9700

Fax: 701-780-9709

Office Hours: 8:00 a.m. – 12:00 pm & 1:00 p.m. – 5:00 p.m., Monday – Friday

Services Available:

- Testing
- Evaluation
- Therapy
- Stress Management
- Relaxation Training
- Biofeedback / Chronic Pain Management

Providers:

Dr. Laidlaw, Psychologist

Dr. Thompson, Neuro-Psychologist

Medical insurance, Medicaid, and Medicare accepted.

Medicare requires a referral from PCP.

Please contact them to see if your insurance covers the services you are seeking.

Website: www.laidlawpsychological.com

LIPP, CARLSON, LOMMEN, & WITUCKI

2808 17th Avenue South

Grand Forks ND 58201

Phone: 701-746-8376

Fax: 701-746-9872

Office Hours: 8:00 a.m. – 5:00 p.m., Monday - Friday

Services Available:

- Psychotherapy – Children, Adolescents, Families, Couples
- Evaluations – Adoption, ADHD (children & adults), Bariatric Surgery, Intelligence Testing, Learning Disabilities, Personality Testing, Social Security Disability
- Consultation – Business & Occupational Problems
- Hospitals
- Schools (elementary & secondary)
- Biofeedback (Relaxation & Pain Management Skills Training) – Anxiety, Chronic Pain, Fibromyalgia, Migraine & Tension Headaches, Panic Disorder

Providers:

Dr. Marty Witucki, Ph.D.

Dr. Alison Tait, Ph.D.

Dr. Brenda King, Ph.D.

Dr. Jonathan Whalen, Ph.D.

Dr. Holly Wolf, Ph.D.

Dr. Kylee Heston, Ph.D., Resident

Accepts medical insurance and Medicaid; both ND and MN.

Please contact them to see if your insurance covers the services you are seeking.

Website: www.lclwpsychologists.com

DR. MAXINE RASMUSSEN

NOTE: Office is closed on Fridays

311 South 4th Street, Suite 115

Grand Forks ND 58201

Phone: 701-772-8013

Office Hours: 1:00 p.m. – 5:00 p.m., Monday - Thursday

Maxine Rasmussen

Uses sliding fee scale. Accepts BCBS medical insurance. Medicaid not accepted.

NORTHEAST HUMAN SERVICE CENTER

151 South 4th Street, Suite 401
Grand Forks ND 58201-4735
Phone: 701-795-3000
Toll Free: 1-888-256-6742
Crisis Line: 701-775-0525 or 1-800-845-3731

Several counselors on staff.

Call Intake at 795-3000 to schedule an appointment.

Uses Sliding fee scale. Accepts medical insurance and ND Medicaid.

Website: www.nd.gov/dhs/locations/regionalhsc/northeast

NORTHWESTERN MENTAL HEALTH CENTER

1424 Central Ave, Ste 142
East Grand Forks MN 56721
Phone: 218-281-3940
Crookston Office – 218-281-3940
218-281-6261 (fax)
Mental Health Crisis Line: 1-800-282-5005
(W & F p.m. in EGF)

Services Available:

- Adult Community Support Program
- Adult Foster Care
- Adult Rehabilitative Mental Health Services
- Children's Mental Health Case Management
- Children's Mental Health Training, Workshops, & Consultation
- Community Support Program
- Community Training
- Court Ordered Evaluations
- Crisis Services/Emergency
- Day Treatment
- Diagnostic Assessment (all ages)
- Early Childhood Services
- Family & Individual Therapy Provided In-Home

- Homeless Intervention Programs
- Individual & Family Skills Building Provided In-Home
- Therapy – Individual, Group, Family, Marital
- Individual Placement & Support
- Intensive Community Rehabilitative Services
- Medication Management
- Mental Health Disaster Preparedness
- Neuropsychological Evaluation
- Psychiatric Evaluation
- Psychological Testing
- School Based Mental Health Services
- Targeted Case Management for Adults

Providers:

Janet Amundson, MA/LPCC
 Amy Bartz, MSW, LICSW
 Carolyn Berg, NSW, LICSW
 Cheryl Skavlem, MSW, LICSW
 Travis Gaddie, MSW, LGSW
 Angie Gerding, MSW, LGSW
 Chris Green, MSW, LICSW
 Nicole Suarez-Bronfman, MSW, LGSW
 Tricia Hellerud, MSW, LICSW
 Kimberly Hemberger, MS
 Erin Johnson, MA, LMFT
 Nellie Kerr, In-Home Family Therapist
 Brenda Mack, MSW, LICSW
 Tara Miller, MSW, LICSW
 Heather Taylor, MA, LPCC
 Richard Mosher, MSW, LICSW
 Jessica Shockman, MSW, LSW
 Brianne Thompson, MA

NOTE: Some of the above may not come to East Grand Forks.

Accepts ND & MN BCBS medical insurance. MN Medicaid accepted.
 Please contact them to see if your insurance covers the services you are seeking.

Website: www.nwmhc.org

THE VILLAGE FAMILY SERVICE CENTER

1726 S Washington St, #33-A

Grand Forks ND 58201

Phone: 701-746-4584

Crisis: 701-755-0525 (NEHSC)

Statewide: 1-800-845-3731

Fax: 701-746-1239

Services Available:

- Adoption & Pregnancy Counseling
- Big Brothers Big Sisters
- Counseling Services
- Family Based Services
- Family Engagement Programs
- Financial Resource Center
- First Step Recovery

Providers:

Cindy Jantunen, Ph.D., LP

Luke Klefstad, MALPC

Jim Martini, MALPC

Kristi Ventzke, MS, LAMFT

Susan DuBray, MSW, LICSW

Stephanie Bauer, LAPC

Talia Telander, MA, LPC

Kaylen Kalenze, MA, LPC

Emily Stoks, LAPC

Andi Wheeler, MS, NCC, LAPC

EAP appointments can be made by calling: 1-800-627-8220.

Please contact them to see if your insurance covers the services you are seeking.

Financial Counseling: 1-800-450-4019

Financial Counseling Services include: Bankruptcy pre-filing and post-filing counseling, \$50 each; foreclosure prevention, senior reverse mortgage, First Time Home Buyers Seminar.

Website: www.thevillagefamily.org